



DEMOCRATIC  
Education Network



**University of Westminster  
College of Liberal Arts and Sciences  
5CLST005W Democratic Engagement in an  
International Context  
Field Trip to Bangkok, Thailand  
December 8th - 17th 2023**

**This field trip is scheduled from December 8th - 17th. It is part of a module, "Democratic Engagement in an International Context."**

**During this time you may visit study sites, attend guest lectures at local universities and participate in workshops. These activities will allow you to learn more about this Southeast Asian country.**

**We hope you enjoy this field trip and gain valuable knowledge and skills that might help you in your academic work. The collaboration between students from Westminster and Kasetsart will also help develop your teamwork skills. Additionally, you will have the chance to learn about Thailand's history, psychology, economics, politics, society and culture.**



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However, the success of this trip is dependent on all of us. To ensure that we make the most of this experience **we MUST**:

1. Respect the staff and colleagues in Bangkok.
2. Care for each other as we share rooms.
3. Follow the program diligently, which includes waking up early and returning to the hotel room on time.
4. Network to create career opportunities and advance academically.
5. Ensure that the trip is pleasant for everyone by working collaboratively.
6. There will be various activities including visits to historical places in Bangkok. Please pack accordingly, keeping in mind that the weather will be warm. Bring only a few clothes and jumpers.

These are some other **essential things to consider** before travelling to Thailand.

1. Having a working SIM card with you is advisable for accessible communication.
2. In Bangkok, you can use your UK bank card to pay for transportation via bus and ferry amongst other things.
3. Although the University covers some food expenses, you may need to purchase additional food.
4. It is essential to avoid wearing expensive jewellery or carrying valuable items.
5. The hotel provides a safe box to store your passport and other valuables.
6. While food in Bangkok is generally safe, avoiding street food, especially fish, is best.
7. Remember to bring any necessary medication with you.



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**Thailand**, also known as Siam, is a country of nearly 80 million in Southeast Asia. It shares borders with Myanmar, Laos, Cambodia, Malaysia and the Andaman Sea. The capital city is Bangkok. Thai people migrated from southwestern China to mainland Southeast Asia between the 6th and 11th centuries. The Siamese system of government was centralised and transformed into a modern unitary absolute monarchy. Thailand has periodically alternated between democracy and military rule. It has the second-largest economy in Southeast Asia, with manufacturing, agriculture and tourism as leading sectors.



thailand

**Bangkok** is the capital of Thailand. It is located in central Thailand in the Chao Phraya River delta. It has a population of 10.5 million, accounting for 15.3% of the country's population. It is a highly dominate primate city, overshadowing other urban centers in Thailand in both size and significance to the national economy.



bangkok



## DEPARTURE DETAILS

We depart on the **8th of December** at **10:20 a.m.** from **London Heathrow, Terminal 3** with the airline Finnair. We must be at the check-in desk at **7:20 a.m.**

We will transit in Helsinki.

We will arrive on the **9th of December** at **9:10 a.m.** in Bangkok Suvarnabhumi International Airport.

We will be staying at: <https://kuhome.ku.ac.th/>



DAY 01

SAT 9TH DEC

09:10 - 09:20 Arrival in BKK at **09:10**  
11.30 - 13.00 Lunch  
13.00 - 16.00 Exploring the University

DAY 02

SUN 10TH DEC

Ayutthaya Trip

DAY 03

MON 11TH DEC

Ayutthaya Trip

DAY 04

TUES 12TH DEC

10.00 - 11.00 Meet the Dean  
11.00 - 12.00 Meet the President  
12.00 - 13.00 Lunch  
13.00 - 14.00 Meet Lecturers & FSOC buddies  
14.00 - 15.00 University Museum  
15.00 - 15.30 Faculty of Fishery Café  
15.30 - 16.30 KU Premium  
17.30 - 19.30 Welcome Dinner

DAY 05

WED 13TH DEC

09.30 - 11.30 Development of Bangkok  
11.30 - 13.00 Nitatratanakosin Museum  
13.00 - 14.00 Lunch  
17.30 - 20.00 Inner Ratthanakosin Island and Dinner

DAY 06

THURS 14TH DEC

09.30 - 10.30 Thai history & recent politics lecture  
11.00 - 12.00 Gender & social psychology lecture  
12.00 - 13.00 Lunch  
13.00 - 14.00 Thai economic system lecture  
Free to shop  
Free choice dinner

DAY 07

FRI 15TH DEC

09.00 - 12.00 Westminster - Kasetsart Student workshop  
12.00 - 13.00 Preparation for DEN conference in London in May 2024  
13.00 - 14.00 Lunch  
14.00 - 15.00 Student workshop continued  
15.00 - 17.00 Thai classical dancing practice and Thai cooking practice  
18.00 - 19.00 Farewell Dinner

DAY 08

SAT 16TH DEC

DAY OFF

DAY 09

SUN 17TH DEC

DEPARTURE DAY

**06:50 - 07:00 Be at reception for 7 AM!**  
10:30 - 10:45 Departure from **Suvarnabhumi Airport at 10:45 AM.**

