

**DEMOCRATIC EDUCATION NETWORK**  
<http://blog.westminster.ac.uk/den/>



**DAMOCRATIC ENGAGMENT IN AN INTERNATIONAL  
CONTEXT  
FIELD TRIP TO HANOI, VIETNAM**



**December, 2024**



**UNIVERSITY OF  
WESTMINSTER** 



# ORGANISERS

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# DATES & VENUE

**Date**

5 - 14 December, 2024

**Venue**

Hanoi, Vietnam



UNIVERSITY OF  
WESTMINSTER 



# PROGRAMME - DAY 1 & 2

## Thursday 5/12/2024 - Journey to Hanoi

**21:30 LONDON TIME**

Departure from London  
Heathrow, Terminal 4



## Friday 6/12/2024 - Journey to Hanoi



**20:40 HANOI TIME**

Arrival in Hanoi

# PROGRAMME - DAY 3

## Saturday 7/12/2024 - A day in the old town



### 10:00 - HANOI TOUR OF OLD TOWN

A living testament of narrow streets, bustling markets, and rich history, where traditional Vietnamese charm with a hint of French influence meets lively street life,

<https://vietnamdiscovery.com/hanoi/attractions/hanoi-old-quarter/>

### 12:30 - LUNCH AT PIZZA 4PS

A delightful blend of Italian flavors with a local twist, featuring artisanal pizzas crafted from fresh, high-quality ingredients for food adventurers.

<https://pizza4ps.com/>



### 14:30 - VISIT THE TEMPLE OF LITERATURE

Vietnam's first national university - a serene and historic complex dedicated to Confucius where scholars and royalty were educated in Confucian principles,

<https://north-vietnam.com/temple-literature-hanoi-van-mieu/>

### 19:00 - DINNER AT NAMASTE

A flavorful journey through authentic Indian cuisine, featuring aromatic dishes, a warm atmosphere, and friendly service that transports you straight to India.

<https://namastehanoi.com/>



# PROGRAMME - DAY 4

## Sunday 8/12/2024 - A day to historical sites



### 9:00 - VISIT HO CHI MINH MAUSOLEUM

A monumental tribute to the revolutionary leader and founder of modern Vietnam, symbolizing the respect and admiration Vietnamese people have for "Uncle Ho."

### 12:30 - LUNCH AT NGON RESTAURANT

A delightful culinary experience, featuring a menu of authentic Vietnamese dishes served in a vibrant setting that captures the essence of local streets.  
<https://flavorsofhanoi.com/blog/quan-an-ngon-restaurant/>



### 14:30 - VISIT THE IMPERIAL CITADEL OF THANG LONG

UNESCO World Heritage site that showcases Vietnam's rich history, featuring ancient architecture and uncovered artefacts from various historical periods.

<https://hoangthanhthanglong.vn/>



### 19:00 - DINNER AT ALFRESCO

A charming eatery renowned for its delicious, wood-fired pizzas and inviting atmosphere, making it a perfect spot for a casual dining experience.  
<https://alfrescos.com.vn/?lang=en>



# PROGRAMME - DAY 5

**Monday 9/12/2024**



## 9:00 - A TOUR TO HANU UNIVERSITY

A guided tour of Hanoi University, exploring its beautiful campus, specialized classrooms, and FIS office, to gain insights into its vibrant academic community.

## 12:00 - LUNCH AT BAT TRANG VILLAGE

Enjoy a delightful lunch at Bat Trang Pottery Village, where you can savor authentic Vietnamese cuisine in a picturesque setting surrounded by the art of traditional pottery



## 14:00 - VISIT BAT TRANG VILLAGE

a charming destination known for its exquisite handmade ceramics, where visitors can explore workshops, witness traditional crafting techniques, and shop for unique pottery pieces.  
<https://www.vietnamonline.com/attraction/bat-trang-porcelain-and-pottery-village.html>



## 19:00 - DINNER

Feel free to explore the old town and treat yourself to some food



# PROGRAMME - DAY 6

## Tuesday 10/12/2024 - Workshop Day!



### 9:00 - STUDENT-LED WORKSHOP AT HANU UNIVERSITY

A unique opportunity for cross-cultural training, fostering collaboration among diverse participants through interactive activities and presentations.

### 12:00 - LUNCH AT THE CANTEEN

Experience a vibrant lunch at Hanoi University canteen, where foreign students can enjoy a variety of dishes in a lively, multicultural atmosphere.



### 14:00 - BACK TO THE WORKSHOP

A unique opportunity for cross-cultural training, fostering collaboration among diverse participants through interactive activities and presentations.



### 19:00 - DINNER

Feel free to explore the old town and treat yourself to some food



# PROGRAMME - DAY 7&8

## Wednesday 11/12/2024 - Visit Ha Long Bay



## Thursday 12/12/2024 - Return to Hanoi





# PROGRAMME - DAY 9

## Friday 13/12/2024 - The Last Day!



### 10:00 - VISIT HOA LO PRISON

A historic site that offers visitors a poignant glimpse into Vietnam's turbulent past, showcasing exhibits on its use during the French colonial era and the Vietnam War.

<https://hoalo.vn/>

### 12:00 - LUNCH

Feel free to explore the old town and treat yourself to some food on your last day here.



### 14:00 - HOTEL CHECK OUT



### 21:30 - LEAVE ACCOMMODATION TO THE AIRPORT



# PROGRAMME - DAY 10

**Saturday 14/12/2024 - Way Back Home!**

**1:40 HANOI TIME**

Return to London



# IMPORTANT

We aim to examine various questions in history, economics, politics, society, culture, and development through observations and discussions among staff and students.

We hope this will be a pleasant one where you can add to your knowledge and skills, advancing your academic work.

We have prepared various activities, including visits to historical places in Hanoi, but we also hope you will do some general reading to enhance your understanding.

The field trip has been very successful in the past, and we hope to build on this, but this depends greatly on all of us:

- We must follow a program which requires some discipline, such as waking up early and returning to the hotel on time.
- Having a working SIM card with you is advisable for easy communication.
- Although the University covers some food expenses, you may need to purchase additional food.
- It is recommended to bring warm clothing like jumpers and coats since Hanoi can be relatively cold.
- It is important to avoid wearing expensive jewellery or carrying valuable items
- Lastly, it is important to remember to bring any necessary medications with you.