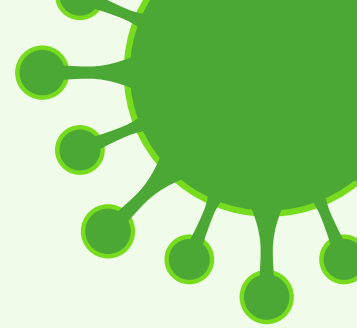


# HI-COVE

HEARING THE UNHEARD  
VOICES OF LONG COVID



## Hearing from the unheard: impact of Long Covid in Black and minority ethnic groups in the UK

We would like to speak to people from Arab, Black, South Asian or mixed backgrounds about their experiencing of not recovering quickly from Covid-19 infection.

Some people do not recover for many months or more following Covid-19. They may experience common symptoms like:

- extreme tiredness
- shortness of breath
- chest pains
- and other symptoms

You will be asked to take part in a one-to-one interview so that we can learn about these symptoms.

We are recruiting participants between May to December 2022.

Interviews can be conducted:

- online
- by telephone
- or face-to-face

**An interpreter can be arranged if you would like the interview to be conducted in a language other than English**

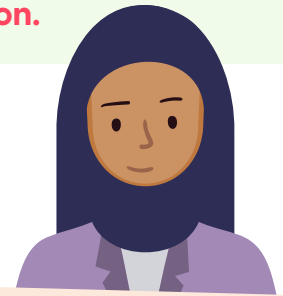
You are eligible to take part if you are:

- Aged 18 years and over
- From an Arab, Black, South Asian or mixed background
- Experienced Covid-19 symptoms for 12 weeks or longer – current or recovered
- Live in the UK.

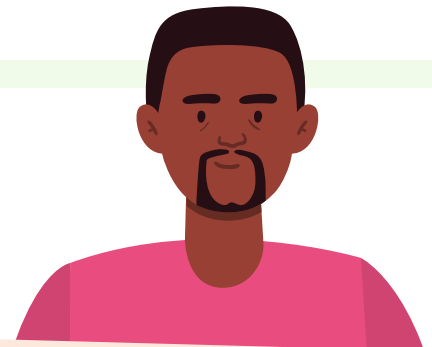
Contact the team if you have questions about the study or your involvement. £35 shopping voucher given as an appreciation.

**Email: [HI-COVEstudy@westminster.ac.uk](mailto:HI-COVEstudy@westminster.ac.uk)**

**Telephone: 07384 825576**



Have you experienced ongoing symptoms connected to Covid-19 – known as Long Covid, for 12 weeks or longer?



Some people might experience other symptoms like: memory/ concentration problems, difficulty finding the right words, headaches, pains, aches, chest problems, voice problems, depression/anxiety