

Refresh London - Running Order

Hour 1

Time	Item	Notes	Duration	Script
11:00:00	News and weather bulletin	Bethany & Kate With idents & bed	3:04	Burli
11:03:04	IDENT	Refresh London	0:04	
11:03:08	Crunch and roll - 'Saying hi' JayKae - Every country ft. Murk	A List	4:51 (Crunch and roll include)	
11:08:00	IDENT	Refresh London	0:08	
11:08:08	Link	Plug the Juicebox and Competition	2:00	
11:10:08	Calling - Kojo funds x Chip	C List	3:27	
11:13:35	IDENT	Refresh London	0:04	
11:13:39	Plantain & Dumpling - P Montana	Core	3:33	
11:17:12	For Me - Krept & Konan Crunch and role	A List	3:40	
11:20:52	Adverts	4 Ad's Pizza TFL Adidas Car insurance	0.33 0.29 0.32 0.47	
11:23:13	IDENT	Refresh London	0:04	
11:23:17	Wretch 32 - tell me	B List	3:41	
11:26:58	Deadline - Raye	A List	3:04	
11:29:58	Competition	Play the mixed	3:00	

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	'The 4 1'	audio clip and push how to enter		
11:32:58	Unsigned - Hardy caprio	Core	3:27	
11:36:25	IDENT	Refresh London	0:04	
11:36:29	Crunch and roll- Queen's Speech - lady Leshurr	A List	3:54 (Crunch and roll include)	
11:40:23	4x4 - Young t & Bugsey	Core	3:15	
11:43:38	Adverts	4 Ad's Beauty of London Hide out Lynx Ad Jorja Smith	0.41 0.41 0.27 0.30	
11:45:57	Diamonds - YXNG	Core	2:49	
11:48:46	IDENT	Refresh London	0:04	
11:48:50	Close competition 'The 4 1'	With caller on the line	2:00	Number: 07763 496040
11:50:50	Big women - Nadia Rose	B List	3:26	
11:54:16	IDENT	The Sip	0:04	
11:54:20	'The Sip'	Feature	2:30	
11:56:50	Micahh What U Reckon ft. Abz	C List	2.52	
11:59:42	Link Talk up to new	With bed	0.17	

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	to top of the hour			
		Hour 2		
12:00	News	Bethany & Kate With idents & bed	3:04	Burli
12:03:04	IDENT	Refresh London	0.04	
12:03:08	Big Tobz - Oluwa Tobi	Core (Crunch and Roll)	3.45	
12:06:53	Link - into the Juice box and IDENT.	Hand over to Phoebo at OB	1:30	
12:08:23	Hand over to Phoebe. Intro and chat with Hannah Then artist play songs Play song!	We go to Phoebe for the live performance	4 mins	
12:12:23	Link back to studio, then straight into Ad's		1.00	
12:13:23	Ad's	4 Ad's Jahmila KA Party correct G star	0.51 0.31 0.31 0.33	
12:14:49	IDENT The Juicebox Phoebe quick chat with artist	The Juicebox Live performance	5 mins	

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12:19:49	Play track and then throw back to studio. Link	Round up of the Juicebox then into song	0.30	
12:20:19	T-Total ft. SB Lockdown	A List	3.58	
12:24:17	J Hus Spirit	B List	3.29	
12:27:46	IDENT	The Showdown	0.04	
12:27:50	Link -The showdown	Explain the poll coming up and how listeners can vote on socials	2:00	
12:29:50	Kaylee's song - Stefflon - ding - a ling		3:09	
12:32:59	Billy's song - Steel Banglez - Bad	(With crunch and roll)	3:24	
12:36:23	Adverts	4 Ad's Tfl Lynx Ad Jorja Smith Car insurance	0.29 0.27 0.30 0.47	
12:38:36	Crunch and roll vote information Tinn - Side Piece	B List	3:03	
12:41:39	IDENT Link: The Showdown Closing and announce song winner	The Showdown	2.00	

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12:43:39	Kojo Funds & Chip Warning	A List	3.44	
12:47:23	Not3s - My Lover	B List	3.08	
12:50:31	Close show	Round up of show and promote the track of the week	3.00	
12:53:31	One Acen - Verified	Core	2.58	
12:56:29	Mostack - Liar Liar	B List	3.05	
12:59:55	News and weather bulletin	Bethany & Kate With idents & bed	3:04	